

The Catholic Parish of Ongar & Doddingtonhurst



St. Helen's Catholic Church
The Presbytery
87 High Street
Chipping Ongar
CM5 9DX

Parish Priest:

Fr Emile Nkumu

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www.dioceseofbrentwood.net



St. Margaret of Scotland
Doddingtonhurst Road
Doddingtonhurst
CM15 0QJ

Fifth Sunday in Ordinary Time (A) Sunday 5th February, 2023

Isaiah 58.7–10 Psalm 111 1 Corinthians 2.1–5 Matthew 5.13–16

The use of light and salt as metaphors is perfectly clear. Their common element have significant role in the experiencing of each of the senses. Light serves to see other things. Similarly, we add salt to food in order to enhance the flavour of the food to which it is added. That is an important point to make in reflecting on Jesus' words. Jesus's followers are to be salt and light – their role is to enable others to see and taste what is presented to them.

Your light must shine in the sight of men, so that seeing your good works; they may give the praise to God in heaven.' Our good works reveal the goodness of God. Isaiah uses the same image of light when he urges his readers to act with charity: 'Share your bread with the hungry and shelter the homeless poor ... then will your light shine like the dawn.' Isaiah's demands are practical actions, which need to be seen – in a culture where religious practice can easily be side-lined into the realm of the private and personal, this reminds us that faith should be expressed publicly by those called to be light and salt.

Keep yourself safe and well, Fr. Emile

Carmen Blackett - there will be a Requiem Mass for Carmen at 10.30am at Brentwood Cathedral on Wednesday 1st March, 2023, followed by a burial at 11.45am at Woodman road cemetery, 39A Woodman Road, Warley, Brentwood, CM14 5AU for all those who would like to attend.

Confirmations 2023 Fr. Emile would like to invite any young people in our parish, who would like to make their Confirmation this year, to get in touch with either him or Kelly at the Parish office. This is a change from the usual visits from the Bishop every 3 years for Confirmations. Priests are now automatically granted faculties by Bishop Alan to confer the Sacrament of Confirmation to candidates on Pentecost Sunday during the years that he is not on Pastoral Visitation. The Confirmandi who are to receive the Sacrament of Confirmation in their parishes on Pentecost Sunday 28th May are invited to the Cathedral for the Rite of Acceptance on Good Shepherd Sunday 30th April in order that Bishop Alan might have the opportunity of meeting them.

Lenten Lunches - PLEASE NOTE NEW REVISED DATES

1st Lenten Lunch - Saturday 4th March

2nd Lenten Lunch - Saturday 11th March

3rd Lenten Lunch - Saturday 18th March

We are pleased to re-introduce our Lenten Lunches. An opportunity to get back to one of our important annual activities. A chance to raise our profile in the community and come together as a social event.

Come and enjoy homemade soup, cheese and fresh bread, raise funds for our agreed charity and meet with friends. Doors open at 12 midday.

PPC Meeting The next PPC meeting will be held on Tuesday 7th February at 6.30pm at St. Margaret's Hall, Doddinghurst. As there will be some absences, and other preparation difficulties, it has been decided to re-align the AGM after the disruptions of Covid-19, in accordance with the Constitution. It will therefore be held annually in June, and this February meeting will revert to an ordinary PPC meeting.

IF YOU WISH TO SPEAK WITH FR. EMILE for anything at all he will be available without appointment weekly on TUESDAYS from 4pm -5pm at the Presbytery, 87 HIGH ROAD CHIPPING ONGAR CM5 9DX.

Church Cleaning All volunteers will be welcome. A new cleaning rota will be constructed in January. So far we have 5 volunteers so the responsibility will only come round every 5 weeks. If more people could volunteer then each time will come less frequently!

Baptisms, Weddings & Funerals

Please arrange by prior appointment with Fr. Emile. Baptism application forms are available in the church porch or the parish office.

Energy Efficiency Measures

New simple thermostats have been installed in both St. Margaret's and St. Helen's Church to aid with improving energy efficiency and therefore keep down our fuel costs. Please could everyone make sure that when using either church that the thermostats are always turned back down to a maintenance temperature of 15 degrees at St. Helens and 10 degrees at St. Margaret's after use. Signs will be placed by them as a reminder. Thank you.

Brentwood Diocesan Directory 2023 is now available for purchase for £2.95

New to our parish? Please say 'hello' to Fr. Emile and fill in a Register/Census Form (in the church porch)

CERTIFICATES OF BAPTISM, CONFIRMATION: Write to the parish priest a letter/email giving the relevant details: full name, date of birth, date of baptism, etc. Enclose a stamped self-addressed envelope and the certificate will be posted to you by return of post.

Repository Shop Our repository shop now has a lovely selection of very reasonably priced Christian cards and gifts available for Christmas, Baptisms, First Holy Communions etc. that not seen usually in shops and is a nice way to help the parish a little. Please pay by using box on wall at St. Helen's for cards, bookmarks or prayer cards etc or get in touch with Ann Jackson after mass at St. Helens or text her on 07753661636 for any other special purchases you may need. Thank you.

Caritas Brentwood Caritas Diocese of Brentwood is inviting people from the night of March 31st 2023 (9pm) to the morning of April 1st (8:30am), to join this year's Sponsored Sleepout in one of our four locations; Colchester, Forest Gate, Romford and Southend. The sleepout will help to raise awareness and money to help our local homeless charities and the Brentwood Catholic Youth Service. All information can be found at www.caritasbrentwood.org/ sleepout and to register please email sleepout@dioceseofbrentwood.org

Diocesan Pilgrimage to Lourdes 2023 Join Bishop Alan in Lourdes from Monday 24 to Saturday 29 July. We can support those with medical needs. For further information, please phone Tangey Tours on 01732 886 666 or book online: [Brentwood Lourdes - Lourdes - Tangney Tours \(tangney-tours.com\)](http://Brentwood Lourdes - Lourdes - Tangney Tours (tangney-tours.com))

Join Friends of the Holy Land for an unforgettable evening of uplifting music on Thursday 16th February in Westminster Cathedral at a concert featuring the London Welsh Male Voice Choir supported by The Priests. The London Welsh Male Voice Choir has recorded with Charlotte Church, Aled Jones and Bryn Terfel. The Priests are three Roman Catholic priests from Northern Ireland who scooped the Guinness World Record for "Fastest-selling UK debut for a classical act" with their first album. The concert starts at 7:30 pm and tickets starting at £20 are available now through Eventbrite at - <http://bit.ly/3i0ath2> or search *LW MVC Concert at Westminster Cathedral*, or by calling the office – 01926 512980.
www.friendsoftheholylnd.org.uk/westminster-concert2023

Could your New Year's resolution be to help build a better world through volunteering? CAFOD, the Catholic Agency for Overseas Development, are looking for people to give some time and join them in their mission. Could you help develop our work in parishes or Catholic schools? Or raise a voice and campaign for justice throughout the diocese? Training and support are provided. See cafod.org.uk/Volunteer for more information or get in touch with cdriscoll@cafod.org.uk

CYMFed Flame, Saturday 4th March at OVO Arena, Wembley
With incredible speakers **Cardinal Tagle**, **Salesian Archbishop of Melbourne**, **Tim Costelloe**, **SDB**, **Robert Billot**, an American lawyer who is the main character in the film *Dark Waters*; **Jenny Garzón Saavedra** a young advocate from the Amazon rainforest and **David Wells**, musicians including **MOBO** and **Urban Music Award** winner **Guvna B**, rising star **Faith Child**, Catholic band **One Hope Project** and soloist **Adenike** – a Finalist on *The Voice*, as well as **Brenden Thompson** and **Georgia Clarke** from **Catholic Voices** introducing *Adoration*, led by **Cardinal Vincent Nichols** this promises to be an incredible and inspiring day for young people! Passes cost just £24/person if you book before 31st January, and the BCYS has a limited number left so please email gabriellafusi@dioceseofbrentwood.org to reserve yours! All information at www.bcys.net/events

Nationwide Christian Trust

Please see below link for our latest update showing events and resources which might be of interest to you such as a Men's Breakfast on 4th February, a Ladies Day on 1st March and Delving Deeper into Easter on 22nd March.
<https://mailchi.mp/mulberry-house/7vt1j1r82b-13511824?e=10c8ad5203>

The Brentwood Catholic Children's Society is an established children's charity delivering vital mental health services in schools throughout the diocese and in our specially adapted therapy rooms in Billericay. Currently we are seeking to appoint new trustees to our Board to help guide and develop our work. Further information is available on our website <https://www.bccs.org.uk/who-we-are/our-trustees/> or please email Bernadette our Director at bfisher@bccs.org.uk who will be happy to discuss this important role with you. Thank you.

Pilgrimage to the Holy Land, 5th – 12th September 2023

Embark on a **Luxury, All-Inclusive Pilgrimage to the Holy Land, 5th – 12th September 2023**, with All Saints Travel Ltd and Fr John Moloney. Be face to face with the world of Jesus and His Gospel, lived out before your eyes. The beautiful, tried and tested 8-day itinerary promises to bring the faithful pilgrim an unforgettable and life-changing experience. This pilgrimage will include a non-stop return flight from the UK to Tel Aviv with Israel's national airline, EL AL (in-flight meals included), all meals (breakfast, lunch and dinner every day), an executive touring coach, a professional local Christian guide, all entrance fees, all tips and gratuities (paid directly to the guide, driver and hotel staff), as well as luxurious 5* en-suite accommodation. You will stay at a 5-star hotel in Jerusalem for 4 nights and in a 5-star hotel set on the Sea of Galilee with stunning views and private beach access for 3 nights. Full details are online <https://www.allsaintstravel.co.uk/HL0756/>.

Headteacher - St Teresa's Catholic Primary School, Colchester

Headteacher required for St Teresa's Catholic Primary School Colchester. Visits are welcome. Please email the school at personnel@st-teresas.essex.sch.uk for more details and application form. For further information please use this URL: https://www.dioceseofbrentwood.net/wp-content/uploads/2023/02/2023-02-27_0900_St-Terasas-Primary-School-Colchester_Headteacher_Job-Advert.pdf
Deadline for applications: **9.00 am on Monday 27th February 2023.**

The Ursuline Academy Ilford

IT Technician (Term-time only)

Start: ASAP

Closing Date: noon, Friday 17 February 2023

For further information please visit: uai.org.uk/about/vacancies

Standing Orders, QR Codes and Contactless Giving

We are very grateful that many of our parishioners now donate to the Parish using standing orders to support us, particularly in this very difficult time. If you wish to set up a standing to our bank account please use Account Number 01017616, Sort Code: 40-13-22 and quote your gift aid number as a reference. For alternative ways to donate, QR codes have also been sent up to make it easier.

To make a donation please scan the QR code with a QR code scanner app for the appropriate amount using your mobile phone. The amount will be deducted from your bank account electronically and sent to the Parish bank account. If you wish to Giftaid-it please scan the codes in the Giftaid-it section after reading the declaration. Codes are also available at the back of the church.



Please treat as gift aid donation, all qualifying gifts of money made from the date of this declaration. I am a UK taxpayer and understand that, if I pay less Income Tax and/or Capital Gains Tax in the current year than the amount of Gift Aid claimed on all my donations, it is my responsibility to pay any difference.

Donate £3.00	Donate £5.00	Donate £10.00	Donate £20.00
			

Donate without Giftaid-it

If you are unable to donate with Giftaid-It then please use the codes below.

Donate £3.00	Donate £5.00	Donate £10.00	Donate £20.00
			

PLEASE PRAY FOR ALL OUR SICK AT HOME, IN HOSPITAL AND CARE HOME. THOSE WHOSE ANNIVERSARIES OCCUR AT THIS TIME. WE PRAY FOR OUR DECEASED RELATIVES & PARISHIONERS

Lord Jesus Christ, our Most Holy Redeemer, by the grace of your Holy Spirit, grant comfort and healing to your servants who suffer in mind, body or spirit. When they are afraid give them courage, when they are afflicted give them patience, when dejected lift them up with new hope, when alone, assure them of the prayerful support of your holy people. We ask this through Christ, our Lord.

Prayer List: Ken Blackett, Josie Biggs, Carla Brennan, Matthew Dansey, Richard Denton, Kathleen Donovan, Chris Easter, Lucy Gay, Emma Harnett, Harry & Family, Ron Hawkins, Jane & Family, Joanie, Nawal Freij, Douglas Jason, Veronica Kass, Joanna Keen, Sharon Lewis, Vivian Levett, Anna Lumley, Dean Macaree, Ian Maxwell, William Mortimer, Billy Nurse, Paul Nyman, Leslie Pay, Elizabeth Sainsbury, Ann Rayment, Verone Rontganger, Kathy Scott, Margaret Simons, Sophie, Adrian Smith, Amelia Solomon, Mary Sage, Dave Speller, Jean Thurston, Pam Townsend, Michael Weaver, Frances Wiseman, Ellen Witt, Harrison Wybow, John Harris, Mary Adams, Sonia Denton, Mike Barrett, Marvin Bourke and also all those afflicted by Covid-19.

WEEKLY ROTAS			
Date	Mass	Reader & BP	Eucharistic Minister
Sat 4th Feb	5.30	Stan	
Sun 5th Feb	8.45am 10.30am	Dolores Jane Gay Margaret Payne (BP)	(A) Lauren (D) Jim
Sat 11th Feb	5.30pm	Elaine	
Sun 12th Feb	8.45am 10.30am	Anne Bernard Adams Corinne Adams (BP)	(A) Amanda (D) Lorraine

INFORMATION

Sick/Housebound: Sheena Mackintosh - 01277 821524

Hall Bookings: Kelly Love - Parish Office 01277 362645

PPC Chairman: Patrick Maher 01277 823750

New Parishioners: Please introduce yourself to Fr Emile after mass

Steward of the Gospel: Alan Chapman 01277 822793

Safeguarding Officers: Audrey McGill 823485 & Margaret Payne 362203

Gift Aid Organiser: Bernard Adams 01277 823511

St Helen's Repository Gift Shop: Ann Jackson (at mass or text 07753661636)

Parish Administrator: Kelly Love 01277 362645 or 07929241350

Email ongar@dioceseofbrentwood.org or kellylove01@live.com (if WFH)

Mass Attendance: 28/29 Jan Sat 5:30pm: **32** Sun 8:45am: **33** Sun 10:30am: **32**

Offertory Collection: £467.48

Thank you for your continued selfless generosity and support.

MASS TIMES AND INTENTIONS

FIFTH SUNDAY IN ORDINARY TIME (A) (Racial Justice Day)		
Sat 4th Feb, 2023	(St. H) 5.30pm	Pope Benedict XVI RIP (Pat Scott) Jack Connoy (Cecilia)
Sun 5th Feb. 2023	(St. H) 8.45am	Tom and Gertrude Ashworth (Pat Scott)
	(St. M) 10.30am	Rebecca Scott (Pat Scott)
Mon 6TH Feb, 2023	(Ilford) 9.30am	St Paul Miki and Comps, Mm Ruth Scott (Pat Scott) Margo Slattery Sick Paul Flynn intentions Mary Sullivan RIP Michael Cogan RIP Karen Clinton RIP
Tue 7th Feb, 2023	(St. H) 9.00am	Feria Margaret, Amelia and John Scott (Snr) (Pat Scott)
Wed 8th Feb, 2023	(St. H) 9.00am	Feria
Thu 9th Feb, 2023	(St. H) 11.00am	Feria
Fri 10th Feb, 2023	(St. H) 9.00am	St Scholastica , V
SIXTH SUNDAY IN ORDINARY TIME (A)		
Sat 11th Feb.2023	(St. H) 5.30pm	Our Lady of Lourdes, Principal Patron- ess of the Diocese (World Day for the Sick)Diocesan Feast Ruby and Tony Woodford souls (Richard & Arnell Family)
Sun 12th Feb,2023	(St. H) 8.45am	People of our Parish
	(St. M)10.30am	Ruby Woodford RIP (Jane Gay) Carman Blackett (Anne & Graham)