



St. Helen's  
Catholic Church  
The Presbytery  
87 High Street  
Chipping Ongar  
CM5 9DX

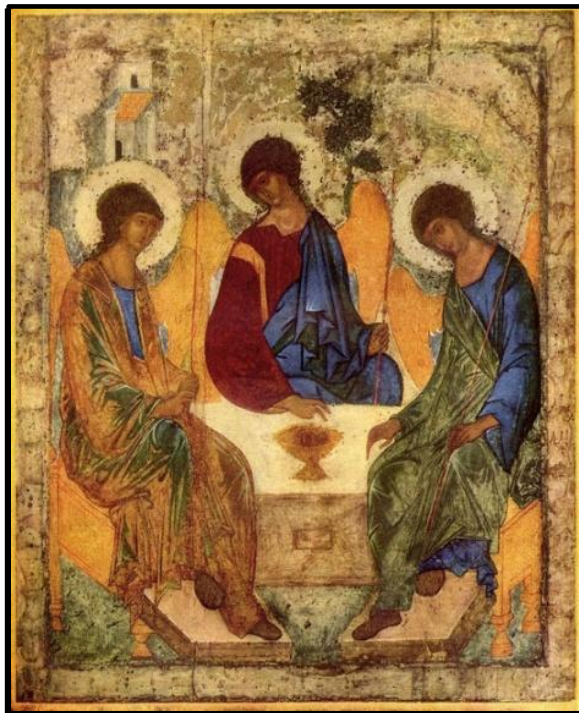
# The Catholic Parish of Ongar and Doddinghurst

Email: [ongar@brcdt.org](mailto:ongar@brcdt.org)

Tel: 01277 362645

**THE MOST HOLY TRINITY (A)**  
**SUNDAY 31<sup>ST</sup> MAY, 2026**

St. Margaret of Scotland  
Doddinghurst Road  
Doddinghurst  
CM15 0QJ



Response to Psalm:  
**To be praised and highly exalted for ever!**

Gospel Acclamation:  
**Alleluia, alleluia.**

**Glory be to the Father, and to the Son, and to the Holy Spirit,  
the God who is and who was and who is to come.  
Alleluia.**

Communion Antiphon  
**Since you are children of God,  
God has sent into your hearts the Spirit of his Son,  
the Spirit who cries out: Abba, Father.**

**Our parish newsletter can also be found online at  
[catholicparishongar.org](http://catholicparishongar.org) where you can access newsletter links.**

**Parochial Administrator: Fr. Frank Westcott**

**In Case of Emergency** If there is no answer from the parish phone and you are seeking a priest in an emergency then please call one of the local parishes; either Loughton 02085083492, Epping 01992572516 or any nearby parish.

**RCIA** Our RCIA sessions will continue on Tuesday 2<sup>nd</sup> June at 12:30pm. We will be discussing 'Liturgy and Sacraments' page 21. If you are curious to learn more about the Catholic faith, you are warmly invited to join us. All are welcome, whether you are exploring for the first time or simply wish to deepen your understanding.

**Mothers Prayers Group** The Mothers' Prayers Group meets on the last Wednesday of the month at 1.30pm in the Presbytery. Everyone welcome. Please call Lesley Denton 07981964892 for more information.

## St Helen

Please be careful when moving the kneelers during Mass as they can be noisy at times and cause disturbance.

## St Margaret

Many thanks to all who gave of their time on Friday evening to help tidy up the garden at St Margaret's. It was a very sociable evening and the garden looks great.

There is now a box of religious cards available at St Margaret's. These will be available when teas and coffees are served after Mass on Sundays and are all individually priced.

## Kelly Love Annual Leave

Kelly will be away on annual leave from Friday 29<sup>th</sup> May returning to the Parish Office on Tuesday 9<sup>th</sup> June.

**Second Collection** for Sick Clergy will be held next weekend for Sunday 7<sup>th</sup> June. Thank you.

**SAFEGUARDING** As part of compliance with safeguarding, any **children under 16 using the Presbytery toilet will need to be accompanied by an adult. Please be careful when using the uneven stairs on route.**

**Parish Safeguarding Officers:** Margaret Payne 01277 362203 and Audrey McGill 01277 823485

Please note there is a Hearing Loop available at St Helen's Church...please ask Fr Frank to activate it if required.

## Mass Times and Intentions

### THE MOST HOLY TRINITY (A)

SAT 30 MAY	St H 5.30pm	Dr Ken Menon Int.
SUN 31 MAY	St H 8.45am	Dominic Lynch RIP Recently Deceased (Doreen)
	St M 10.30am	People of the Parish
MON 1 JUN	No Mass Serv	
TUE 2 JUN	St H 9.00am	Holy Souls
WED 3 JUN	St H 9.00am	St Charles Lwanga and Comps. Mm M Chow Chin Chow RIP
THU 4 JUN	St H 9.00am	Holy Souls
*FRI 5 JUN	St H 9.00am	St Boniface, Bp, M Som Catalano RIP

### THE MOST HOLY BODY AND BLOOD OF CHRIST (A) (CORPUS CHRISTI)

SAT 6 JUN	St H 5.30pm	Eddie Marshall RIP 1 <sup>st</sup> Anniv. (Lillie & Family)
SUN 7 JUN	St H 8.45am	
	St M 10.30am	

\*EUCCHARISTIC ADORATION / ROSARY / CONFESSION following 9.00am Mass at St Helen's on Fridays.



The Sacrament of Individual Reconciliation is available 4.30pm - 5.15pm Saturday at St Helen's and on request at St Margaret's, Doddinghurst following the 10.30am Sunday Mass.

#### Prayer List:

Please pray for all our parishioners and friends who are sick and need the benefit of our love and prayers: Alan Chapman, Maureen Hamilton, Lucy Gay, Sue Potter, Philip Denton, Douglas Jordan, John Varellas, Bruno Vassallo, Richard Denton, Theresa Aikin, Finlay Wilson and Family, David Love, Curtis & Family, Hayley Duff & Family, Bethany Luetchford & Family, Ann Bateson, Wayne Aikin, Frances Wiseman.

Please also pray for those whose Anniversaries occur at this time.

Eternal rest grant unto them, O Lord, and may perpetual light shine upon them. May they rest in peace.

If you would like to add a name to our prayer list, please contact the parish office. Let us keep one another in our

**Whatsapp Group:** The parish Whatsapp Group, which is available for the whole parish to use and to help keep everyone up to date with current issues and events, please contact the administrator, Denise Terry-Roberts, at [d.terryroberts@btinternet.com](mailto:d.terryroberts@btinternet.com) or on 07545 240064 if you'd like to add your mobile number.

**Dona Digital Collection Plate (rear of St Helen's church) :** We now have new contactless facilities available for Offertory, the Repository or general donations and special collections. The instructions are mostly self-explanatory; however, if you require any assistance, please do not hesitate to ask.

#### MAGNIFICA HUMANITAS:

In his encyclical Magnifica Humanitas ('Magnificent Humanity' - 15 May 2026) Pope Leo XIV reflects on safeguarding the human person in the time of artificial intelligence, highlighting the need to uphold human dignity, moral responsibility, and authentic human relationships amid rapid technological change. The full document can be found online at: <https://www.vatican.va/content/leo-xiv/en/encyclicals/documents/20260515-magnifica-humanitas.html> or just search it in a browser ☺ Fr Frank

**St. Margaret's Hall Hire** St. Margaret's is available for hire for private functions and parties, children's parties, fitness classes, local groups and events holding up to 100 people at reasonable rates. For information or to make a booking please contact Kelly Love on [ongar@brcdt.org](mailto:ongar@brcdt.org) or 01277 362645

**Hall Usage Calendar** <https://catholicparishongar.org/hall-usage-calendar/>

**REPOSITORY:** We have cards & gifts in stock for Easter, Christmas, First Holy Communion's, Baptisms, Mass Intention Cards and other occasions for sale in the Repository in the porch at St Helen's at very reasonable prices. Please pay using the card box on the wall in the porch, the Dona device (Select Repository) or get in touch with Ann Jackson if anything else require.

Mass Attendance: May 23/24 5.30pm: 20 Sun 8.45am: 45 10.30am: 29 Total: 95

Offertory/Cheque Collections: £279.60

Please make cheques payable to: 'Catholic Church Ongar St Helens'

For electronic payments please email [ongar@brcdt.org](mailto:ongar@brcdt.org) or use the Dona machine at St Helens.

For Gift Aid/Envelopes please contact Peter Gaston on 07949654401

**Thank you for your continued selfless generosity and support.**